

# Benefits



**RELEASE** childhood trauma and gain self-confidence



**CONQUER** fears and anxieties



**REDUCE** stress and resolve conflicts



**ENJOY** greater inner peace and a sense of connection



**RE-PROGRAM** negative “core beliefs” to accelerate your true potential for happiness and personal success



**DISCOVER** your life purpose



**EXPLORE** and resolve past-life issues

# Personal Experiences



*“One year after working with Nancy I genuinely feel more at ease with myself. I still cannot explain to friends how a 35 year old fear was removed in ONE session. The emotional release that Nancy provided combined with the daily tools she taught me allow me to finally feel in control of my existence! I can actually relax and ENJOY my life.”*

CEO, BROOKE SUPERSTORE, ENGLAND

*“Nancy has been a treasured guide and support on my spiritual journey, by helping me release and re-program ‘old tapes’ and worn out beliefs, enabling me to move toward clarity, acceptance and growth.”*

REGISTERED NURSE ~ O.R. MANAGER

*“Changed my life! I discovered my life purpose and gained the spiritual strength to go back to school to get the education I would need to fulfill it.”*

ARTIST/STUDENT

*“The personal insights I learned can definitely help anyone lead a more productive life with less stress.”*

MANAGER, SOS TEMPORARY SERVICES

*“Past Life Therapy, Vanishing Twin Syndrome, NLP, N.E.A.T. - it was all hogwash to me but I wanted to save my marriage so I gave it a try. I got more than my marriage; I learned how to love myself, develop a sense of connection to God, and was even able to come to respect all this ‘stuff’, ‘cause it really works! Try it!!”*

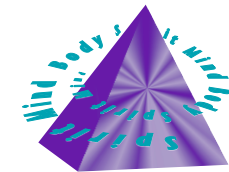
CORPORATE EXECUTIVE

# Intuitive Counseling

NANCY R. HARRIS, MSS



*Intuitive Psychotherapist  
Certified N.L.P. Practitioner  
Energy Therapist*



*A Spiritual Approach  
To Resolving Everyday Issues*



# Intuitive Counseling...

*A unique combination of techniques & information designed to integrate body, mind and spirit*

Based on over 15 years of research and development, Nancy R. Harris has created an exceptionally successful process for life-change that she calls ELF'IN ("Effective Life Force Integration"). ELF'IN enables you to become the most effective "Life Force" you can be. Synthesized from numerous psychotherapeutic and psychospiritual modalities, ELF'IN is designed to provide safe, dependable and **rapid** personal growth and healing. Some of the particular modalities Nancy draws from include:

## MIND

- ▲ NLP (Neuro-Linguistic Programming)
- ▲ Client Centered Therapy
- ▲ EFT (Emotional Freedom Technique)
- ▲ Ericksonian Hypnosis
- ▲ CRG Communication Profiles
- ▲ Inner Child Work

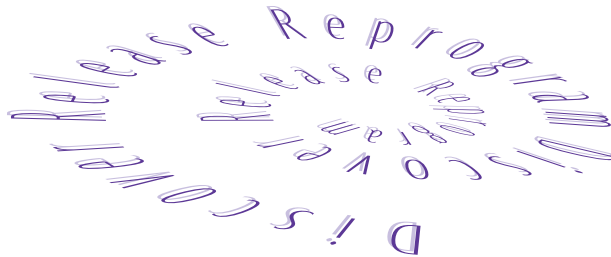
## BODY

- ▲ N.E.T. (Neuro Emotional Technique)
- ▲ T.A.T. (Tapas Acupressure Technique)
- ▲ Kinesiology
- ▲ Psych-K
- ▲ Acupressure

## SPIRIT

- ▲ Spirit Directed Therapy
- ▲ Karma Release Work
- ▲ Clairvoyance
- ▲ Intuition
- ▲ Past Life Therapy

Combining years of experience and training with her **natural empathic and intuitive gifts**, Nancy is able to facilitate lasting results. She can quickly and easily help you discover the origin of your current issue and, more importantly, begin to generate the changes you seek. Many of Nancy's clients go beyond just finding answers. They also discover a greater connection to Spirit and begin to realize their innate life purpose.

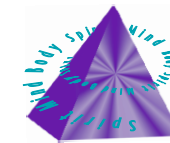


## A Spiritual Approach To Resolving Everyday Issues...

*With the help of spirit, all things are made possible.*

"Problems" are often not just mental or emotional. Usually there are physical and spiritual aspects which need to be addressed for your healing to be complete. Because you are a physical being, we can use the wisdom of your body — via acupressure points and muscle testing — to quickly discover the source of your issues and the best way to solve them. In a typical session Nancy will guide you through a cycle of **Discovery, Release and Re-programming** of your old limiting beliefs, attitudes and behaviors into new ones that enable you to create more health, wealth, happiness, inner peace and love.

**N**ancy R. Harris, Holistic Psychotherapist, Certified NLP Practitioner and president of ELF'IN Inc., is internationally known for her unique and effective training programs and private counseling. In her workshops and private sessions, she combines over thirty years of study in holistic and spiritual methodologies with "real world" experience. She brings to her practice a Bachelor of Science degree in Sociology and a Master's degree in Practical Spirituality. Nancy's life is dedicated to personal transformation. She invites you to share in this exciting journey.



*Medical Insurance Accepted  
Short Term • Affordable*

**NANCY R. HARRIS, MSS**

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AND

**Success Enhancement Workshops**

For more information call 1-800-65ELFIN